Online Safety Links:

A guide for parents on setting up parental controls to ensure children stay safe on their digital devices at home: <u>Use Parental Controls to Keep Your Child Safe | NSPCC</u>

ParentZone have a comprehensive list of places to seek help online for a wide range of issues: <u>https://parentzone.org.uk/article/help-and-support</u>

CEOP have a comprehensive set of guides available on everything from games to use with children to guides to speaking about issues with children to advice for foster carers: <u>Get advice</u>

ParentZone have a searchable, comprehensive set of guide for parents looking at popular online children's services and games and highlighting what parents need to be aware of: <u>https://parentzone.org.uk/guides</u>

A guide from ParentZone on becoming more digitally literate and building habits for the whole family: <u>https://parentzone.org.uk/EverydayDigital</u>

A short video on sorting fact from fiction online: <u>https://parentzone.org.uk/everydaydigital/disinformation</u>

"Ollee is a digital friend that supports parent and child communication, particularly around what can be difficult topics," says Lucy, Partnerships Manager at Parent Zone.
"Ollee supports a child's and a family's emotional wellbeing by promoting discussion and enabling children to express themselves. It's designed to help children reflect on how they feel.": <u>Meet Ollee: the digital friend boosting children's mental health and emotional wellbeing - BBC Children in Need</u>

Vodafone have a free Digital Parenting magazine looking at a wide range of issues around parenting in the digital age: Digital Parenting - Vodafone UK News Centre

Reporting a concern about what your child is doing online? This link will give you advice on how to get help: Concerned about your child?

A useful guide from the UK safer internet centre on "screen time" and how to achieve a healthy balance: Screen Time - UK Safer Internet Centre

A guide from the Uk safer internet centre reports that 76% of girls ages 12-18 have experienced 'cyberflashing', read more about what it is and how you can protect your child here: Cyberflashing - UK Safer Internet Centre

Childnet have produced advice for parents and carers of children with SEND: Supporting young people with SEND | Childnet

The UK safer internet centre have produced a resource for 11-18 year olds on using the internet safely, responsibly and positively: Resources for 11-19s - UK Safer Internet Centre

Internet Matters have produce an inclusive digital safety advice hub for parents including a section on support children with SEND online: Inclusive Digital Safety advice for Parents and Carers | Internet Matters

The Samaritans have produced some very useful resources especially around self-harm and suicide with online behaviours: Online safety resources | Samaritans

These social media checklists from the SWGfL are useful for parents to check if the correct settings are set up: Social Media Checklists | SWGfL

Two links to guides on reporting harmful content found online, one for adults: Report Harmful Content - We Help You Remove Content and one for children: Report Harmful Content Child Friendly Version

Internet Legends from Google is a fun game and resources for families looking at how to stay safe from threats online: Be Internet Legends - A Program to Teach Children Internet Safety

Common Sense Media have comprehensive set of reviews of films and apps based on children's age, it should be noted that this is an international site, so content is not specific to England: Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media

BBC Own It is a comprehensive site looking at many of the issues around online safety with sections aimed at children and parents: Own It - A place to help you boss your life online - Own It - BBC

ONLINE SAFETY - TOP LINK

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